



FOREST EDGE NEWSLETTER



April 2015 Volume 2 Issue 3

This quarterly Newsletter is issued by the Forest Edge Medical Practice, located on Manford Way Chigwell Essex. IG7 4DF. The information is offered as best practice at time of writing.

turnover and at least 2 members of staff have been with the surgery for over 30 years.

My intention is to remain at Forest Edge until retirement, unless something happens in the interim.

Thank you for this opportunity to talk about myself.

Dr Sharon Thompson

Dear Patients,
Welcome to the second newsletter of 2015

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B. This quarter's awareness information

During this quarter we had a presentation from the organisation Care.Data who are planning to gather our medical information into a national database. The following diagram represents where the data goes.



A. The Doctors notes

Hello Newsletter Reader:

My name is Dr. Sharon Thompson and I know I have seen many of you at the surgery. I qualified at Bart's Medical School and have worked locally ever since. My first job was at Oldchurch Hospital in Romford which has now been knocked down and replaced by Queens Hospital. I also worked at King George Hospital for 2 years.

Another presentation was delivered by Mr Sing of Health Watch Redbridge. This group collects patients issues within the borough and raises them directly with the Clinical Commissioning Group.

I have been a full time GP at Forest Edge Practice for over 12 years now providing general medical services as well as teaching medical students. I have thoroughly enjoyed my time at Forest Edge so far. We try to work as a team to provide good quality services for our patients. We try to look after our staff too which has been rewarded with a very low staff

C. Patient Participation Group comment

I joined the group when it first started because I wanted to make a positive contribution to the practice. In addition, I



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wanted to learn more about the structure and workings of the NHS and I certainly have more knowledge now.

The meetings are informative and friendly. We discuss relevant topics in the practice and in the health service, as well as offering ideas and making suggestions.

Judith Bara

D. **Clinical Commissioning Group**

The representatives from the PPG have attended the CCG meetings and have been able to get some changes. Most practices in Redbridge have had to improve their appointment availability and telephone communication systems.

The CCG has commissioned a company assembled by a consortium of local doctors to provide an Out of Hours surgery at Newberry Park. This is in addition to the Urgent Care Centre at King George.

E. **Children's health**

The government has agreed to use of a new meningitis vaccinations to be phased in from September this year. There will also be the opportunity to vaccinate children against Flu this Autumn.

F. **Key Medical Changes**

Phlebotomy update. There is a study being carried out which will report to the Redbridge Clinical Commissioning Group to enable the resolution of the Blood testing service. The issue of the high number of attendees at Hospital sites is causing patient dissatisfaction. It is hoped that the study will provide a solution. In the meantime the various locations across Redbridge where blood can be taken for patient tests should be better advertised. A list of locations is now available from reception.

G. **Hospital Info Update**

The Special measures progress report provides the main source of changes to the BHRUT and Barts Health Trust. The Care Quality Commission returned to the hospital during the week of the 2 -6th March,
BHRUT Hospitals now have a twitter account @BHR_hospitals.

H. **Prescription & Health changes.**

If you are elderly and live alone it might help to obtain an Emergency Data link bottle. This small white plastic bottle with a Green Cross printed on it and closed by a green cap. It is provided by the Rotary Clubs and BHR Hospitals Charity. Inside is a form for listing medication and important medical information. It is advised to keep it in the fridge door with a sticker placed on the outside. The ambulance and other emergency services look for this as it provides quick and accurate information on household members when they have been incapacitated.

I. **General info**

Why not join the PPG. Tell reception & the practice manager will contact you.

The general advice for Out of Hours assistance is:-

1. For life threatening situations dial **999**
2. Fractures and serious cuts. Go to **A & E**
3. Discomforting conditions use a walk in centre or Urgent Care at King George.
4. For rapidly deteriorating ailments or GP advice **call the surgery** or NHS on **111**.

Forest Edge Appointments

020 8559 9996

Forest Edge Surgery 020 8500 9938